



Strategy Session:
Gold Options Trader

Price Headley, CEO & Founder of BigTrends



BigTrends Education

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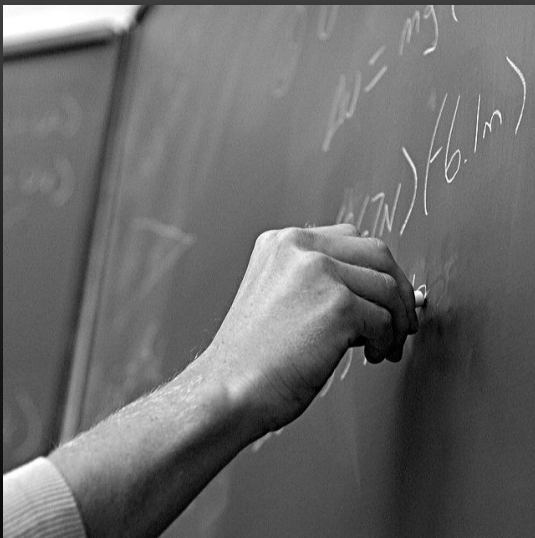
Introduction...



Who Am I?

- Price Headley – Trading for 36+ Years
- Founder and CEO of BigTrends.com
- Global Provider of Market Research
- Time-Tested Trading Systems
- Unique & Actionable Options Strategies

What You Will Learn:

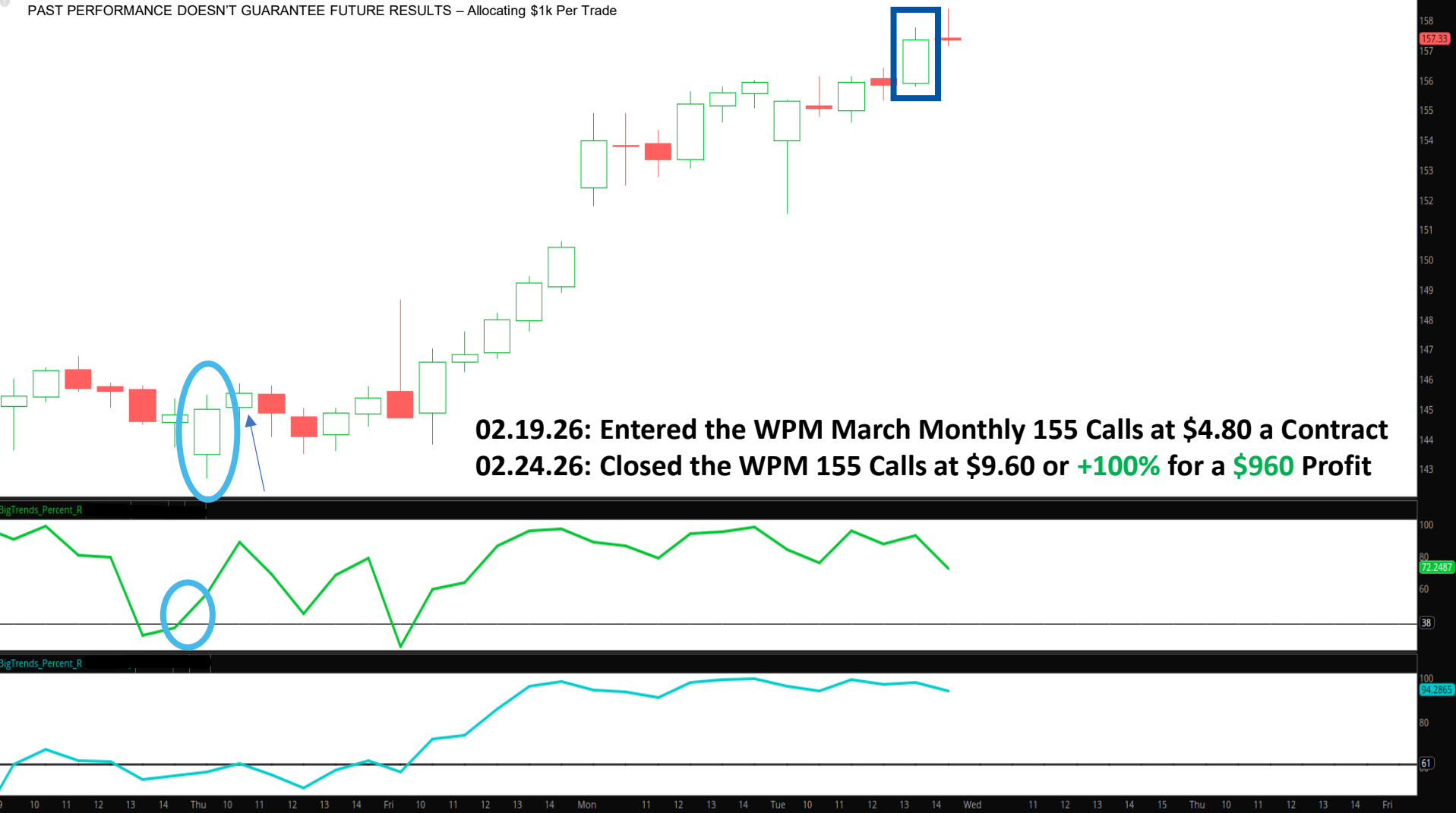


Key Points

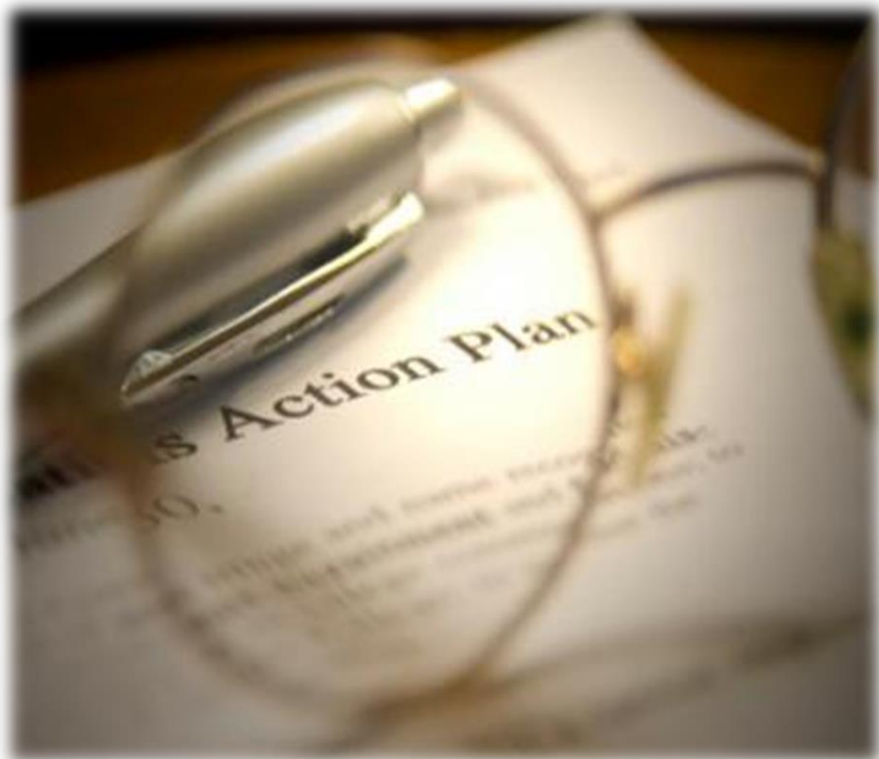
1. How Gold Options Have Been Doubling
 - Using 100% Targets and a Time-Stop
2. What Indicators and Patterns Are We Using?
 - Settings and Rules Revealed
3. Options Selection and Trade Management
 - Which Options to Trade and When to Exit

Let's start by looking at a **winning trade example.**

Then I'll explain more about how the strategy works.



Gold Options Trader - Strategy Guidelines



- Average Holding Period
 - 5 Days
- What type of strategy?
 - BigTrends PercentR and Fibonacci Patterns
- Which options do we trade?
 - OTM Options Expiring At Least 4 Weeks Out

Start With a 65-Minute Chart

What Time-Frame to Trade?

- This time-frame allows indicator and price action data to be portioned evenly across the trading day versus standard chart time frames (60 Minute Charts)
- 6 x 65 minute bars = 6 Hours and 30 Minutes = NYSE Session
- Intraday Trend Exhaustion Patterns has Provided **Ample Trade Frequency** and **Large Profits**.

How We're Maximizing Leverage AND Stability

Details...

- **Monthly Expiration Options** allow us to target large winners and allow a longer leash on open positions
- This drastically limits shakeouts before the big move comes
- The average contract price has been less than **\$2.25** since 2024
- Each trade targets +100%



Here's a look at the
overall performance...

GOLD OPTIONS TRADER = +\$29,637 IN PROFIT

+592.74%
RETURN
ON A \$5K
MODEL ACCOUNT

+\$29,637
PROFIT
SINCE JAN '24

ALLOCATING
UP TO \$1K
PER TRADE



DATA FROM 01/01/24 - 04/01/26

PAST PERFORMANCE DOESN'T GUARANTEE FUTURE RESULTS



\$5,000

\$34,637

+592.74%
IN PROFIT



FROM 01/01/24 - 04/01/26

ALLOCATING UP TO \$1K PER TRADE
PAST PERFORMANCE DOESN'T GUARANTEE FUTURE RESULTS

Look for a Specific Setup

Filters for New Trades

- We use a Fast and Slow PercentR set to a positive scale
- The combination of both PercentRs identifies **Trend Exhaustion**
- The Fast PercentR having consecutive closes below 38.2 and flipping above 38.2 is the trigger while the Slow PercentR remains below 61.8
- We use the Fibonacci levels of 38.2 and 61.8 as oscillator thresholds – derived from the Golden Ratio
- **The exact PercentR settings are proprietary and revealed to Gold Options Trader subscribers.**

Gold Options Trader (Settings)

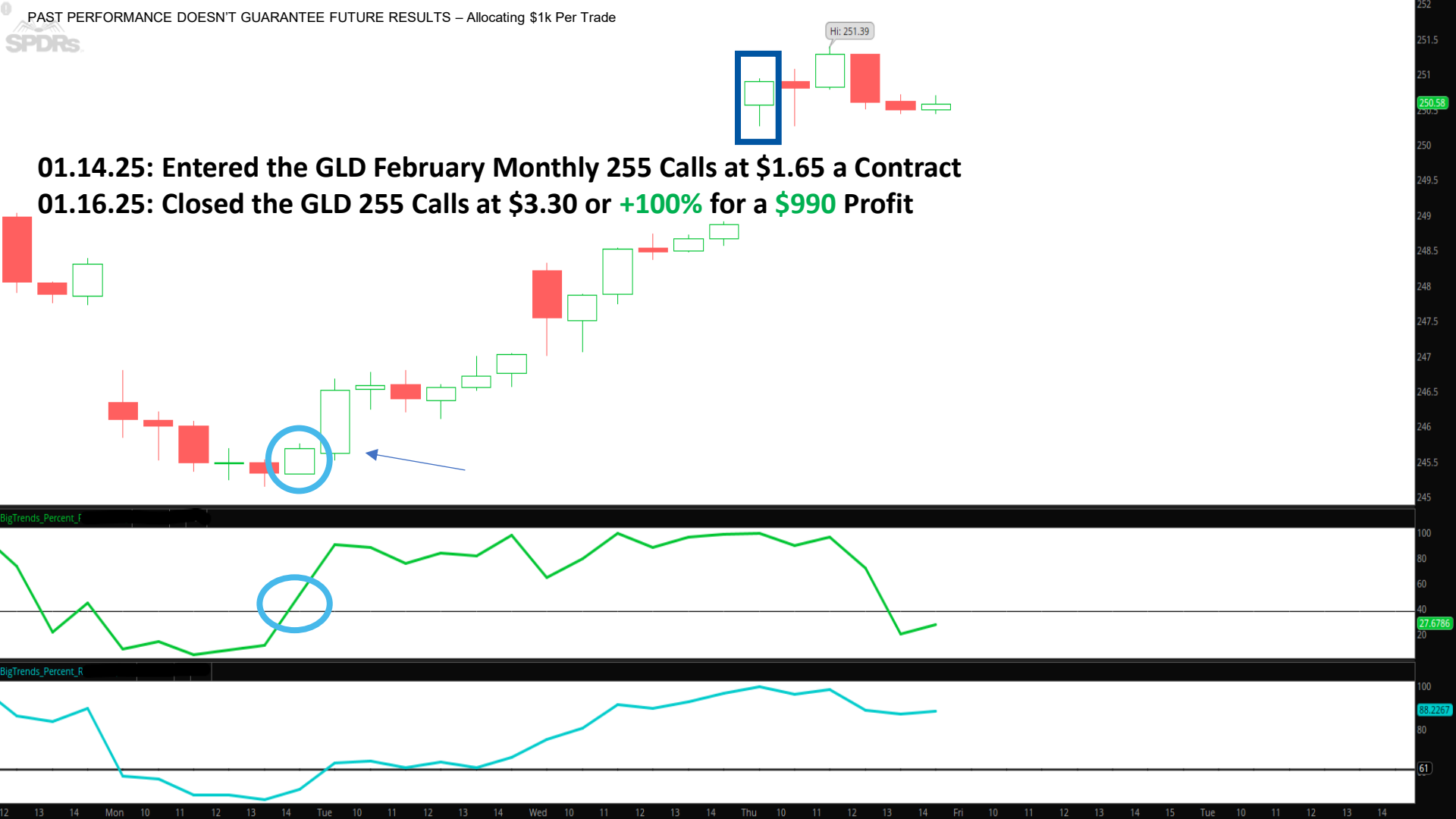
How The System Works...

- Review the **GOT Rules Sheet**
- We Use a **65 Minute** Chart
- We Trade Monthly Options
Priced at **2 Times the 65-Min ATR** (20 Bar)
- We Start with a **50%** Stop (Full Position)
and a **+100%** Profit Target (Full Position)
- Let's look at the **Rules Sheet (PDF)**
to better understand the trade setups...



Here are some trade examples
from a variety of market environments.

Starting with January of 2025...



01.14.25: Entered the GLD February Monthly 255 Calls at \$1.65 a Contract

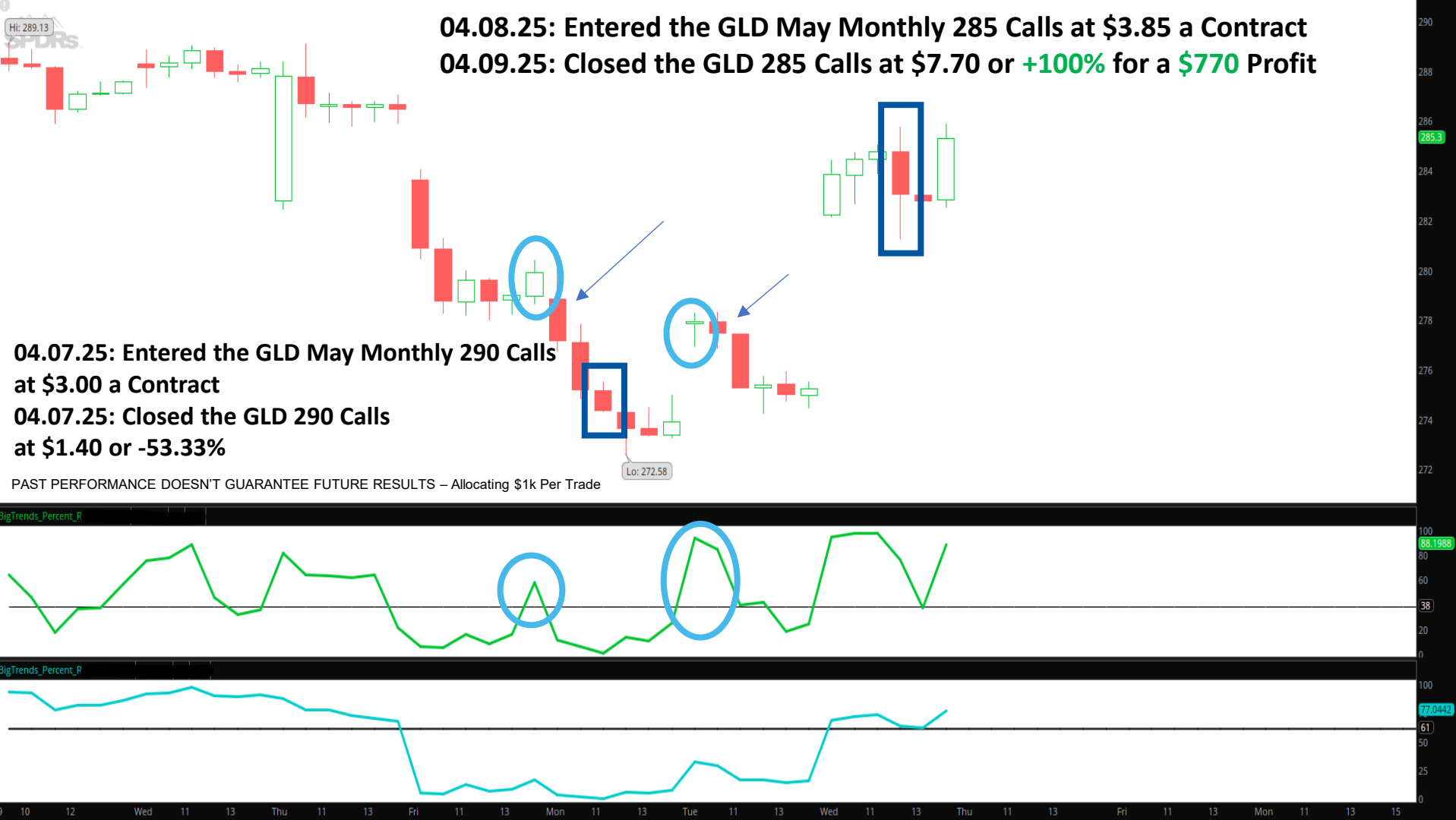
01.16.25: Closed the GLD 255 Calls at \$3.30 or +100% for a \$990 Profit

27.6786

27.6786

88.2267

61



04.08.25: Entered the GLD May Monthly 285 Calls at \$3.85 a Contract
04.09.25: Closed the GLD 285 Calls at \$7.70 or +100% for a \$770 Profit

04.07.25: Entered the GLD May Monthly 290 Calls at \$3.00 a Contract
04.07.25: Closed the GLD 290 Calls at \$1.40 or -53.33%

PAST PERFORMANCE DOESN'T GUARANTEE FUTURE RESULTS - Allocating \$1k Per Trade

Lo: 272.58

285.3

88.1988

77.0442

The Golden Ratio — The Mathematics Behind the Signal

What Is It?

The golden ratio is the number

$$\phi \approx 1.618$$

It appears when a line is divided so that the ratio of the whole to the larger part equals the ratio of the larger part to the smaller part.

$$A : B = (A+B) : A = 1.618$$

Fibonacci Link

The sequence:

1, 1, 2, 3, 5, 8,
13, 21, 34, 55, 89...

Each number is the sum of the two before it.

Divide any number by the one before it:

$$89 \div 55 = 1.618$$

The answer always converges to ϕ .

In Trading

38.2% = $1 - 0.618$
Oversold threshold
for Fast %R

61.8% = 0.618
Intermediate filter
for Slow %R

Institutions actively trade
Fib levels in gold
and equity markets

“The Golden Ratio appears wherever nature seeks perfect proportion — and markets, shaped by human psychology, are no exception.”

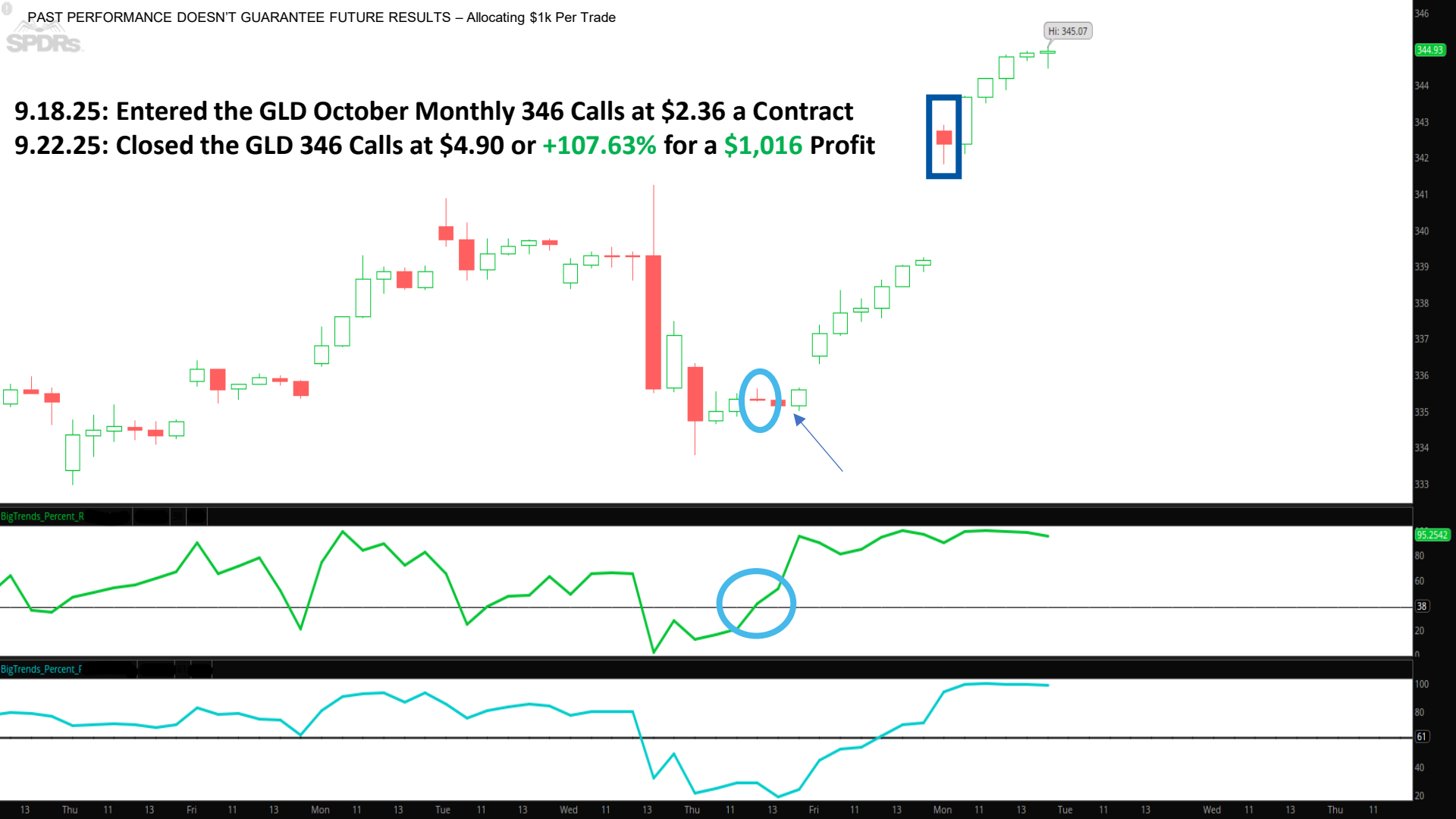
NEWMONT

06.09.25: Entered the NEM July Monthly 57.5 Calls at \$0.90 a Contract
06.12.25: Closed the NEM 57.5 Calls at \$1.80 or +100% for a \$990 Profit





9.18.25: Entered the GLD October Monthly 346 Calls at \$2.36 a Contract
9.22.25: Closed the GLD 346 Calls at \$4.90 or +107.63% for a \$1,016 Profit



Not every trade
will be a **winner**.

Here's an example
of a **losing trade**...

10.02.25: Entered the WPM November Monthly 120 Calls at \$2.35 a Contract
10.09.25: Closed the WPM 120 Calls at \$1.15 or -51.06%



Hi: 114.01

Lo: 102.5

BigTrends_Percent_R

BigTrends_Percent_R

103.38

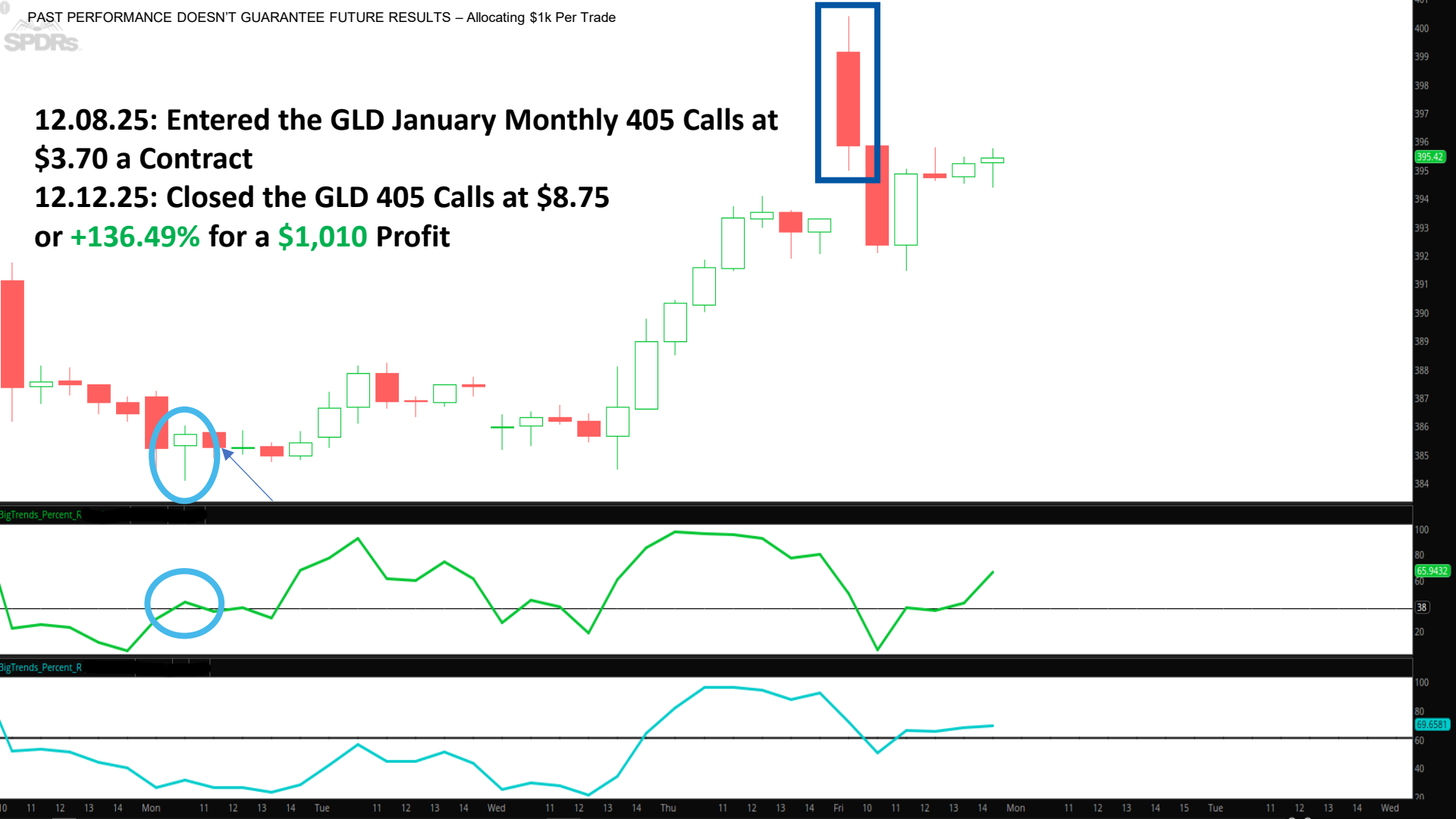
37.4468

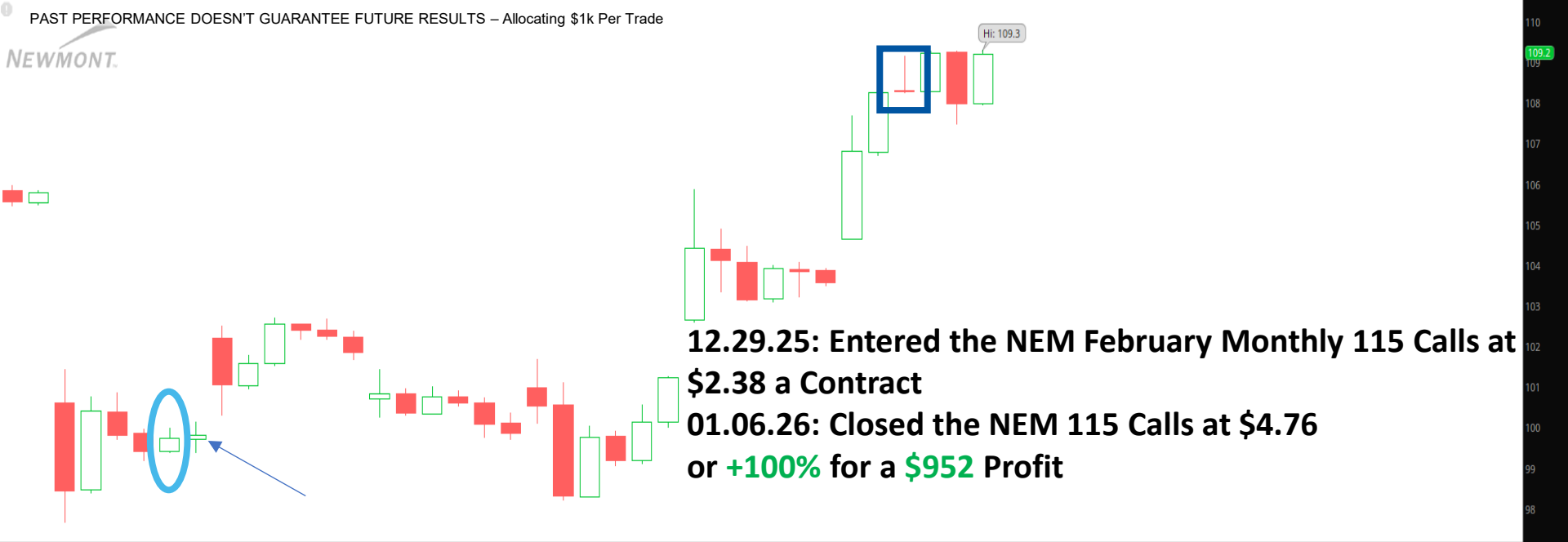
10.0228

The beauty of this strategy
is that these are “swing trades”.

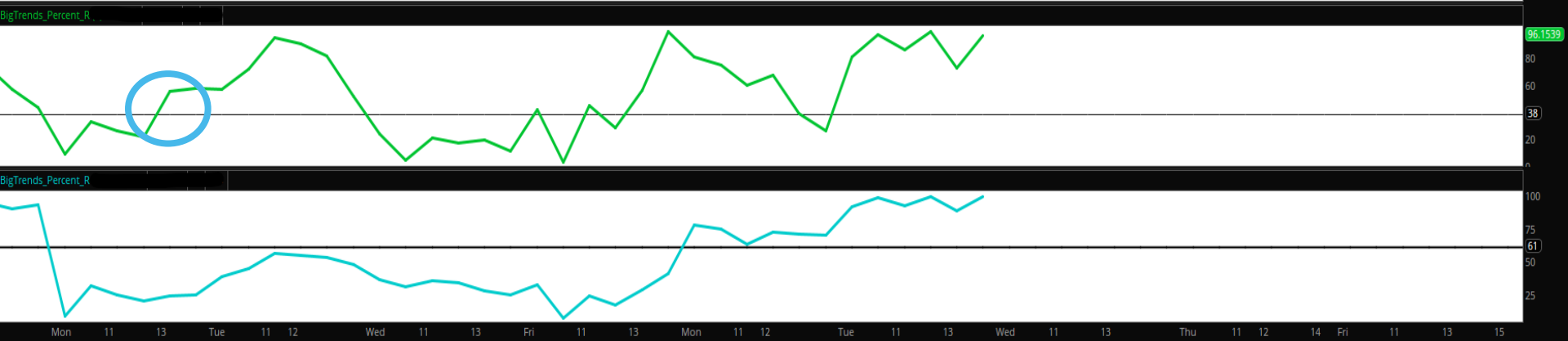
They usually won't be in and out within 24 hours,
they allow time for bigger moves to develop...

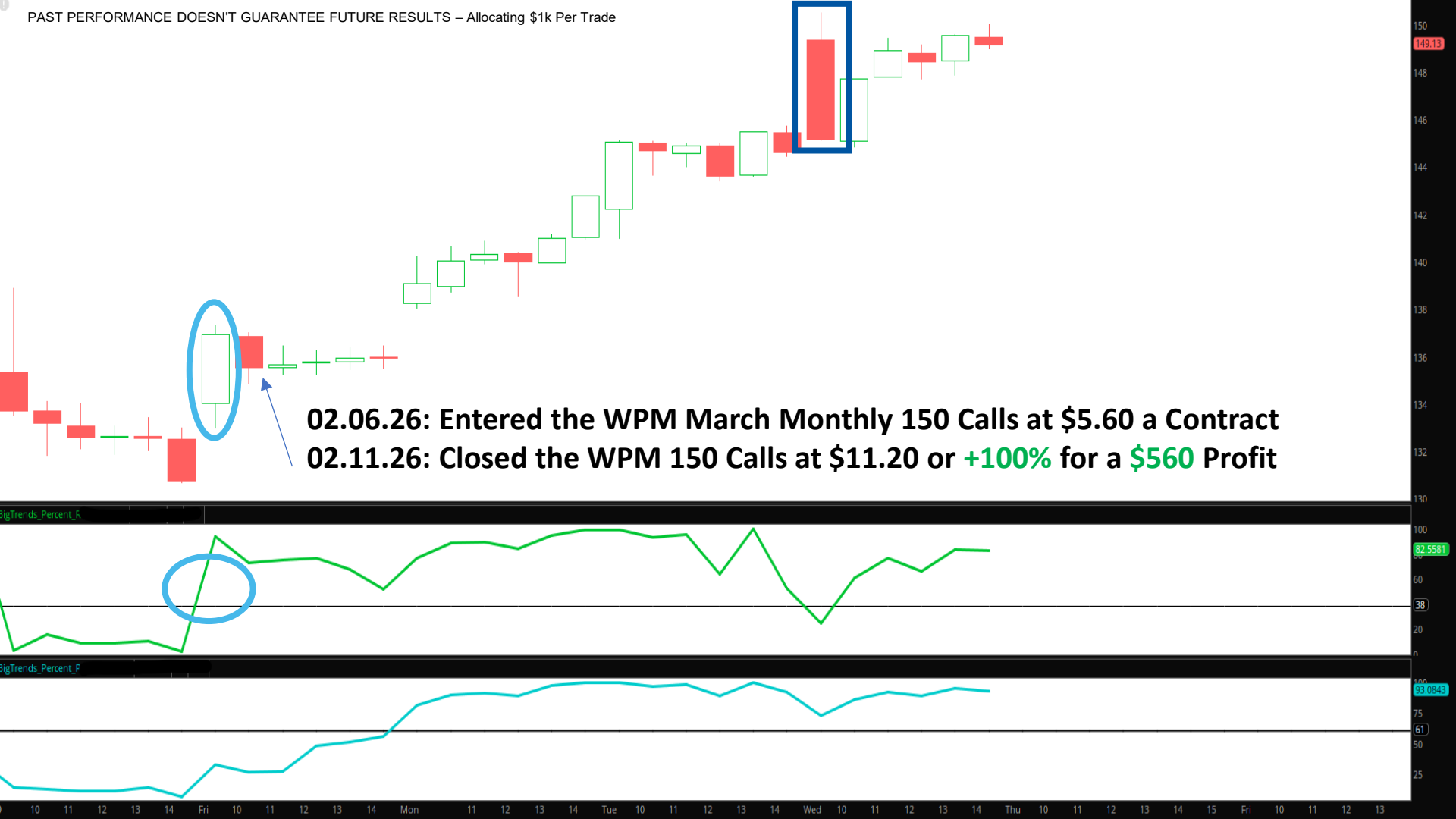
12.08.25: Entered the GLD January Monthly 405 Calls at \$3.70 a Contract
12.12.25: Closed the GLD 405 Calls at \$8.75 or +136.49% for a \$1,010 Profit





12.29.25: Entered the NEM February Monthly 115 Calls at \$2.38 a Contract
01.06.26: Closed the NEM 115 Calls at \$4.76
or +100% for a \$952 Profit





150
149.13
148
146
144
142
140
138
136
134
132
130
100
82.5581
60
38
20
0
100
83.0843
75
61
50
25

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System Re-Cap:

1. We use a **65-Minute Chart** and can enter trades at any bar's close.
2. We look for the **Fast PercentR** to have 2 consecutive closes below 38.2 and flip above 38.2 while the **Slow PercentR** stays below 61.8.
3. We then trade monthly options (at least 4 weeks out) that are priced at approximately **2** times the **65-Minute ATR** (20 Bar).
4. We use a **50%** stop and a **+100%** profit target.
If the stop or target is not hit by the final Monday before expiration, then we will exit the trade per our **time-stop** rules.

Thank you for being a
Gold Options Trader
subscriber!

I look forward to sending you these
Real-Time Trade Alerts.

You can e-mail us at **coach@bigtrends.com**
with any trade related questions.

www.bigtrends.com

